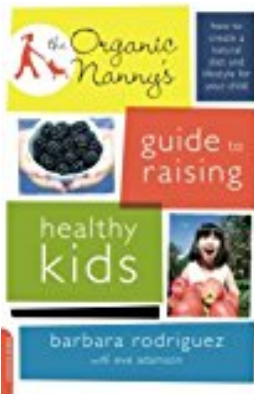


# [PDF] The Organic Nanny's Guide To Raising Healthy Kids: How To Create A Natural Diet And Lifestyle For Your Child

Eve Adamson, Barbara Rodriguez - pdf download free book

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#### Books Details:

Title: The Organic Nanny's Guide to  
Author: Eve Adamson, Barbara Rodrigu  
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**Description:**

**Review**

**Dish, April 2012**

“Rodriguez’s warm, approachable style will make you feel as though she is right beside you, guiding you through your metamorphosis, every step of the way. Bursting with tips on how to make the transition from toxic to terrific, this marvelous little tome includes stories which highlight the author’s vast knowledge and experience as an Organic Nanny, as well as healthy home-remedies, great gardening tips and fabulous recipes... Not only will this incredible book change the way you look at the health of your children, but it will also transform the way you look at your own health.”

***Alternative Medicine, June 2012***

“Provides a comprehensive plan to eliminate processed foods, break sugar addiction, alleviate behavior problems, make healthy eating fun, detoxify the home, foster an attitude of gratitude, and create simple natural remedies for common ailments.”

***Taste for Life, May 2012***

“[Rodriguez] shares what she knows about holistic approaches to helping resolve chronic health and behavior issues in her book, which is filled with natural remedies and kid-friendly recipes.”

***Regional Parenting Papers, 8/1/12***

“A natural lifestyle how-to guide for parents that includes everything from kid-friendly recipes to tips on teaching children to care for the environment.”

**About the Author Barbara Rodriguez** has worked as a celebrity nanny and national spokesperson, and she blogs regularly at [TheCelebrityNanny.com](http://TheCelebrityNanny.com). She lives in Nashville, Tennessee, with her husband and their two teenage children.

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