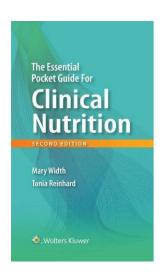
[PDF] The Essential Pocket Guide For Clinical Nutrition

Mary Width, Tonia Reinhard - pdf download free book



Books Details:

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Description:

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- A new chapter on Bariatric Surgery provides the latest evidence-based information.
- A fresh new design facilitates quick reference and table identification.
- An expanded "Nutrition-Focused Physical Exam" section in the Assessment chapter covers the latest best practices.
- The latest nutritional guidelines are included, including new Malnutrition Guidelines, updated Pregnancy Guidelines on weight gain, updated Cardiovascular Disease Guidelines, and updated Diabetes Guidelines.
- The Nestlé Mini Assessment (MNA®), a validated screening tool that can identify geriatric patients age 65 and above who are malnourished or at risk of malnutrition, now appears in the Older Adult chapter.
- Quick Reference Tables in each chapter make essential information easy to locate.
- **Useful Appendices** include food-drug interactions, laboratory assessment, new tables on essential minerals, dietary supplements, and the Dietary Reference Intakes, and reference materials.

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