

[PDF] Sippy Cups Are Not For Chardonnay: And Other Things I Had To Learn As A New Mom

Stefanie Wilder-Taylor - pdf download free book



Books Details:

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Description:

From Publishers Weekly When Los Angeles comedian and television writer and producer Wilder-Taylor got pregnant, she feared undergoing this process: "a perfectly sane woman who swigs Jack Daniel's, never goes to sleep before eight a.m., and has had at least one STD gives birth and

suddenly becomes a different person... [who] subscribes to three dozen parenting magazines, thinks a wild night is tossing back two O'Doul's, and never hits the hay after eight p.m." Of course, now that the author has a daughter, she's smitten; the child "grew on me every day, and by six months I was definitely her bitch." Hoping to be the voice of reason amid a cacophony of parenting advice (in the form of books, mothers-in-law and others), Wilder-Taylor dishes on sharing the parenting responsibilities with your husband ("I felt like saying, 'Didn't you get the memo? WE'RE PARENTS NOW! LOOK ALIVE!' "), breast feeding ("it hurts like a rhesus monkey biting your nipples"), meeting other new mothers (only they can answer questions like "How the f*** does this Diaper Genie work?") and other aspects of new parenthood. Crass but reassuring, Wilder-Taylor succeeds in putting fears at rest. (Apr.)

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About the Author Stefanie Wilder-Taylor is the author of *Sippy Cups Are Not for Chardonnay* and *Naptime Is the New Happy Hour*. She has written and produced more than thirty television sketch, clip, and variety shows, and been featured on *Today*, *Oprah*, *Dr. Phil*, *Larry King Live*, *The Dr. Oz Show*, and the award-winning PBS show *Real Savvy Moms*. She lives in Los Angeles with her husband and three young daughters. Visit her website at stefaniewildertaylor.com.

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