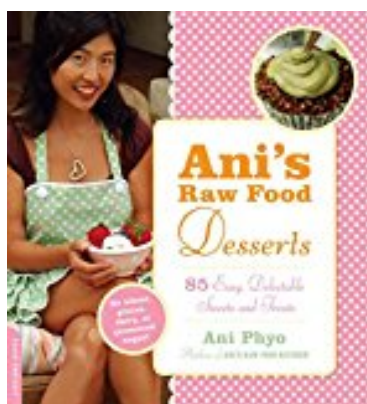


[PDF] Ani's Raw Food Desserts: 85 Easy, Delectable Sweets And Treats

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Description:

Review *VegNews*, July/August 2009

"[A] wheat-, gluten-, dairy-, and processed-sugar free collection of raw confections to die for. Most of Desserts' recipes are fast, easy, and have no more than six ingredients, often fewer. It almost feels like cheating to be able to create tasty, intricate, and stylish treats without going through chef training."

Epicurious.com, 7/16/09

"Phyo's second book focuses on the sweeter side of raw with 85 recipes (Almond Frangipane Kream and Raspberry Ganache Fudge Cake, anyone?) that will have your sweet tooth clamoring for more."

Feminist Review, 8/18/09

"*Ani's Raw Food Desserts* is a surprising and satisfying tour of the possibilities of raw dessert preparation. Raw food connoisseurs and novices alike will find new favorite snacks and treats among Phyo's imaginative creations."

Oxygen, December 2009 "These raw-food sorbets, cakes and cookies use clean-eating staples such as nuts and fruit to satisfy your child's cravings and your health-conscious mind."

Vegetarian Journal, Vol.29, Issue 2, 2009

"Scrumptious desserts without ever having to turn on the stove."

Taste for Life, April issue

"here's a book that inspired us"

About the Author Ani Phyo is rapidly becoming one of the nation's premier raw food chefs. The author of *Ani's Raw Food Kitchen* and *Return on Design: Smarter Web Design that Works*, she lives in Los Angeles.

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